

Trekking in the Himalayas. Stan Armington. Third Revised Edition. Lonely Planet Publications, South Yarra, Australia, 1982. 218 pages, black and white illustrations, maps, bibliography. \$6.95.

Contrary to the implication of the title, this book is a guide to trekking in Nepal, with two pages devoted to trekking in China. The author describes various approaches to trekking but is biased towards the use of an agency which will make all arrangements in advance. In view of the fact that many visitors to Nepal successfully follow a more informal or spur-of-the-moment approach, this is surprising. In contrast to Hugh Swift's descriptive *The Trekker's Guide to the Himalaya and Karakoram*, this is essentially a "how-to" book on trekking. The route descriptions are detailed and complete but they cover only five or six of the most frequented areas. There is less background information on the culture and the characteristics of the areas visited than in the Swift book. The route descriptions are divided in terms of trekking days, whereas several other guidebooks to Nepal, such as Stephen Bezruchka's *A Guide to Trekking in Nepal*, describe routes in terms of hours of walking between given points, permitting more flexibility in the length of each trekking day and selection of alternative camping sites.

This book is certainly useful for planning a first trip to Nepal. The traveller who prefers to adventure more independently will want to consult other guidebooks, including Swift and Bezruchka, as well as several from Japan and Europe.

GENE F. WHITE

Alpine Club Library Catalogue. Volume One. Heinemann Educational Books, Ltd., London, 1982. viii + 350, x + 230 pages. Paper. \$95.00 (Available in the United States from: Jenny Watson, PO Box 915, Exeter, New Hampshire 03833.)

This volume is the result of a major undertaking on the part of the Alpine Club and is the first catalogue of the library's holdings to be published since 1899. As the Alpine Club began to collect books soon after its founding in 1857, and has continued to do so over the years, its holdings are now considerable: 40,000 items at time of publication.

The catalogue covers both books and periodicals. There is an author listing of all titles followed by a classified listing. There is a separate classified listing for guidebooks as well as an index to the major mountain areas of the world. As access to the material can be gained both through author and by subject, the catalogue is, thus, doubly useful.

The entries range from Abadie, A., *Itinéraire topographique et historique des Hautes-Pyrénées* to Zwickh, Nepomuk, *Geschichte der Alpenvereinssektion München*. Many of the books are familiar, indeed, almost friends: Maurice Herzog's *Annapurna premier 8000* in both French and English; Leslie Stephen's *The Playground of Europe*, in French, English and